

Southborough Primary School



What is bullying?

At Southborough, bullying is defined as behaviour which is deliberately designed to hurt another person. Bullying involves an uneven power dynamic which can be created in a number of different ways.

If a child tells us they are being bullied then they are telling us that this is what it feels like for them. We will work with them and whoever else is involved and we will help them to understand what bullying is as part of the process.



Who can help and what we do

We have looked at the evidence into what works and based our approach on this

- Whole-school teaching- In PSHE lessons and assemblies
- The Golden Rules
- Promoting a 'telling' environment
- Bully Box
- Working with individuals and groups
- Restorative Justice
- Strengthening the Victim
- Teaching children about the role of the bystander
- Regular bullying surveys
- Counselling

If you have concerns about your child you should in the first instance contact your child's class teacher. If you feel this hasn't helped please come into school where the office staff will direct you to the right person. This may be one of our Learning Mentors, Miss Best, Mrs Hawkins or Miss Palmer or if appropriate Mrs Muccio (Deputy Head) or Mr Foley (Head Teacher.)

We take all children's and parent's concerns seriously and will speak to your child to find out all the details.

What our children say

If you are upset or someone is bullying you, you will go to a learning mentor and sort out your problem. When me, M and S had a problem it was going on for quite a few weeks, we were getting upset and we went to Mrs Hawkins (learning mentor). It was all sorted out by talking to each other, talking separately and then it got all sorted and we had this sheet called Restorative Justice Contract and we make lots of rules that we all agree on, if we break them we all meet up again and have a chat about what we can do next time.

'C' Year 6

Someone was bullying me so I told Miss Best. She sorted it out by talking to me and the other person; we talked about keeping each other happy and thinking before you speak, asking yourself 'Is it true? Is it helpful? Is it kind?' I felt really joyful after talking to Miss Best and I wanted to come to school after. If the problem happened again I would tell Miss Best again and she would sort it for me.

'L' year 3

What our statistics show

At Southborough we regularly conduct anti bullying surveys. Below are some of our results.

Does our school take bullying seriously?

Children	yes	%	date
205	118	57.6	Apr-14
210	120	57.1	Jul-14
217	170	78.3	Dec-14
217	171	78.8	Jul-15
216	184	85.2	Mar-16

We introduced a new question for our latest survey;

Do you feel safe in school?

216	176	81.5	Mar-16
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Cyber Bullying

We recognise that the use of technology and mobile devices creates situations in which children use language online or in text messages which is abusive and inappropriate, and which they would not use in a face-to-face interaction. We routinely teach children about being safe online (see policy on E-safety) and an important part of this is to teach them that there can be important differences in the way we respond to communications which involve technology. We also routinely offer support to parents to help them understand how they can better monitor their children's interactions online. E-safety incidents are always recorded and collated in line with our policy.

Where you can find help

For full details of our procedures please refer to the behaviour and anti-bullying policies.

If you would like further information on how to support your child there is some useful information on the following websites:

www.bullying.co.uk

www.kidscape.org.uk

anti-bullyingalliance.org.uk

www.childline.org.uk 0800 1111

