Dear Parents/Carers,

'Forest School is an inspirational process that offers children, young people regular opportunities to achieve, and develop confidence and self-esteem through hands-on learning experiences in a woodland environment' (Forest Education Initiative).

From the week commencing Monday 6th June all year 6 children will participate in Forest School on a Thursday morning.

The children will take part in these sessions once a week for 6 weeks. Mrs Shaw will be leading these sessions, which will last for 2 hours. Mr Wilkie and Mrs Haka will assist. The Forest School sessions will involve:

Exploration of the area
Developing risk management
Using natural materials
Den building
Games

Cooking on the camp fire

I would be grateful if on week 2 they could bring a small sweet potato, week 4 an apple and on week 6 marshmallows if your child prefers the vegan variety. I will remind the children of this beforehand.

What to bring

As Forest School sessions take place outside, regardless of weather conditions (unless the weather presents a danger), it is important to bring the following:

- Wellies or sturdy shoes which can get dirty
- Waterproof jacket and waterproof trousers
- Hat (either woolly or sun, depending on the weather)
- o Sun cream if hot
- Old clothes you do not mind getting dirty which fully cover legs and arms

<u>All children need to have all these items on the day each week</u>, as we will continue to run Forest School in all weather. Please send in these items, clearly named, as soon as you can, so we know that your child will have the correct clothing.

I already have your permission slips on file in school, but if your child has any medical changes that we need to be aware of, please let me know.

Yours Sincerely,

Mrs Shaw