

WHOLE SCHOOL FOOD POLICY

INTRODUCTION

At Southborough we recognize the important part that a healthy diet plays in a child's wellbeing and their ability to learn and achieve effectively. We believe that the school, in partnership with parents and carers can make a major contribution to improving children's health by increasing their knowledge and understanding of food and helping them to make healthy food choices. (Appendix 1)

NATIONAL GUIDANCE

This guidance has been written to reflect the School Food Standards https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/847621/School-Food-Standards-Guidance-FINAL-V3.pdf

Our school catering company are currently Chartwells (part of Compass group). We have joined with some other local schools to set up the contract for school meals.

APPLICATION

This policy covers the areas of

- School lunches
- Packed lunches
- Snacks provided at Galaxy, our before and after school club
- Breaktime snacks, including those brought from home.
- Water
- Curriculum
- Events and Celebrations
- Other clubs operating before and after school
- Special Dietary Requirements

SCHOOL LUNCHES

Food prepared by the school catering contractor meets the national school food based standards. We ensure the quality of the meals and choice of meals by regular checks, regular dialogue with the company's representative and asking pupils and staff for regular feedback.

Currently all pupils from Reception to Year 2 are entitled to universal infant free school meals. The school encourages parents/carers to opt for school lunches by regularly promoting the service as it provides the best opportunity to ensure a nutritionally balanced meal.

PACKED LUNCH

If Parents/Carers decide they prefer to provide a packed lunch for their children they are encouraged to follow the schools 'Healthy Packed Lunch' policy (Appendix 2).

Packed lunches provided by the catering company for school trips comply with the School Food Standards.

GALAXY BEFORE AND AFTER SCHOOL CLUB

The before and after school club provide breakfast in the morning, and a snack after school, the content of which complies with the School Food Standards. Staff in galaxy have Level 2 food hygiene certification.

BREAKTIME SNACKS

All pupils in Reception to Year 2 receive a piece of fruit/vegetable daily through the Government's School Fruit scheme. Pupils in KS2 may bring into school a piece of fruit or a cereal bar for break time.

WATER

The only drinks allowed in school are plain water. Pupils should all bring a water bottle into school every day and are encouraged to drink frequently. Water is provided at lunch time for all pupils and no further drinks should be brought in by pupils having packed lunch.

CURRICULUM

Food, its production and preparation is an important part of the curriculum for all pupils and is taught across the curriculum through Science, PHSE, PE and Technology. All year groups grow produce in our Edible garden.

EVENTS AND CELEBRATIONS

We request that parents/carers do not bring in cake/sweets to celebrate their child's birthday.

As a special treat a class party or similar may involve parents/carers bringing in food for the class to share, or the Friends of Southborough / school / staff may provide a treat on these one off occasions.

OTHER BEFORE AND AFTER SCHOOL CLUBS

If pupils are attending clubs run by external providers after school they should adhere to any guidance provided by them about snacks allowed.

OTHER DIETARY REQUIREMENTS

Parents/Carers are encouraged to provide details of dietary requirements for religious reasons. If a child has an allergy to a particular food or food group, medical evidence will be requested and then a suitable menu provided by the catering company.